

緊急時の対応⑤ **When an Earthquake Happens**

●外国人向けに、地震発生から10分間の行動についての説明●

Let's act in a calm manner.



① During the earthquake (0 min~1min)

First thing to do is to protect yourself

- Move away from furniture, etc. that might overturn and take cover under a table, etc.

- Protect your head using a cushion or magazines, etc.

② Immediately after an earthquake (2 min ~5 min)

Check on the fire sources

- Check on the fire sources after strong earthquake stops.

- If a fire starts, put it out using a fire extinguisher, etc.

Secure an exit for evacuation

Doors and windows might be buckled and fail to open in the event of strong earthquake. Let's secure an exit for evacuation when the earthquake stops.

Be careful of injuries

If you get injured, it becomes harder to take evacuating action after that. Let's act in a calm manner.

Obtain accurate information

Emergency updates from the city are relayed using the disaster prevention administration wireless broadcast system and other means.

③ After an earthquake (6 min~10 min)

In the case where a large-scale fire, etc. occurs

Please evacuate to a temporary gathering site or evacuation shelter if you feel that you are in danger, etc.

Keep away from block walls, etc. When you evacuate.

▪Also, be careful of objects with a risk of falling over such as signboards, vending machines, etc.

When there is no risk of a fire, etc.

▪Call out to your neighbors and lend a hand to people who need help.
